

Hello there

Thanks very much for your request for an information pack regarding the Accelerated Freefall (AFF) Course.

The information below should answer all your questions, however if you still have any queries, please do not hesitate to contact us. We are professional skydivers and instructors and have a good knowledge of all the listed centres and courses provided. You can phone us on 01869 278706 Monday – Friday from 9am – 6pm.

How do you book your AFF course?

- Read the information enclosed within this pack. If you are not sure whether this is the correct course for you, call us and we will be able to talk you through what is involved and help you make the right decision.
- Choose the centre you wish to go to – see list of locations & prices.
- Complete the attached course booking form and either send (marking the envelope **Booking Form**) or fax to us using the details above. Alternatively, you can book online via the website or call us and book over the phone.
- If you are hoping to jump within the next 4 weeks or if your group is greater than 4 people, call us to place your booking by phone.
- We will send you confirmation of your booking as well as directions and any forms that may need completing prior to the day relevant to your chosen centre.

Accelerated Freefall Skydive

The Accelerated Free Fall Course (AFF) is a fast-track training programme that can take you from a complete beginner to a fully qualified skydiver. It is split into 8 levels and is aimed at those people who are keen to make skydiving their new sport.

On your first jump you are accompanied by 2 instructors and get to experience the thrill of free fall from 12,000 feet before deploying your own parachute to navigate your way back to the ground SOLO!

In just 8 jumps you could be enjoying skydives on your own and on your way to gaining your British Skydiving (BS) A license!



What to expect

- Training takes place on day 1 and takes a minimum of 6 hours covering the following:
 - Orientation and Documentation
 - Familiarisation and Fitting of Equipment
 - After Landing Procedures
 - Stability and Hand Signals
 - Exits
 - Level 1 Skydive
 - Aircraft Drill and Emergencies
 - Canopy Control and Flight Drills
 - Malfunctions and Reserve Drills
 - Landings including Parachute Landing Fall (PLF)
 - Abnormal Landings
 - Hanging Harness Drills
 - Written Examination



- Depending on the time of the year and weather permitting, you will either make your 1st jump on the same day, or on day 2 after some revision training.
- You will board the plane with your 2 instructors ready for the climb to altitude of between 12K – 13K feet.
- When it is safe to do so, you will exit the aircraft with your 2 instructors holding you in a stable position.
- During the skydive your instructors will communicate with you via a series of hand signals, and you will practice locating the toggle that deploys your parachute.
- At 6,000 feet you will commence the deployment sequence under supervision of your instructors who ensure that you are under a canopy by 5,000 feet.
- It's then up to you to navigate your canopy back to the landing area with the help of another instructor on the ground talking to you giving you some helpful pointers on your radio.
- The canopy ride is about 5 minutes, so plenty of time for you to take in the bird's eye views as well as enjoying flying your canopy.
- Once on the ground, you will receive feedback from your instructor and a brief ready for your next skydive!

Points to remember

- The ground training is held in groups no larger than 4 students.
- The full course consists of 8 levels although there may be times where your instructors wish you to repeat levels for safety reasons.
- There is the option to just do Level 1 if you are wishing to skydive as a one off but looking to experience both free fall and the solo canopy ride.
- Levels 1-3 are with 2 instructors where you are coached on stability, maintaining a good body position and heading, altitude awareness and deploying your parachute unassisted.
- Levels 4 – 7 are where you learn to do 360° turns, back loops, tracking and track turns and dive exits.
- Level 8 is from 5,000 feet and you are required to make a solo jump, deploying your parachute in a stable position within 10 seconds.
- The course length depends on the weather and the time you can commit. Sometimes people will complete in less than a week or over a couple of weekends, whilst others choose to spread the jumps out over a couple of months.
- No previous skydiving experience is required.
- The upper age limit is 54 and you can start as young as 16 years old!
- Wear warm, loose, comfortable clothes and trainers with no hooks.
- There is a maximum weight limit which may vary from centre to centre. Please check before choosing the centre where you wish to jump.

Minimise the need for repeating levels:

Why not practice your stable free fall position and boost your confidence in the wind tunnel either prior to or during your AFF course. Tunnel flying has helped many AFF students to progress through each of the levels comfortably, reducing the need for jumps to be repeated. Ask for details at the time of booking.

Course Prices: (correct as of 10/04/24)

All prices are correct at the time of print/ and are subject to change at any time.

Centre	Tandem			Static Line			AFF Level 1			AFF Full Course		
	Total deposit	To pay on the day	Total amount	Total deposit	To pay on the day	Total amount	Total deposit	To pay on the day	Total amount	Total deposit	To pay on the day	Total amount
Amesbury, Wiltshire	£75	£200	£275	£75	£205	£280	£100	£365	£465	£100	£1,545	£1,645
Brackley, Northants	£50	£230	£280	n/a	n/a	n/a	£75	£380	£455	£75	£1,500	£1,575
Bridlington, E. Yorkshire	£110	£170	£280	£110	£169	£279	n/a	n/a	n/a	n/a	n/a	n/a
Brigg, N. Lincolnshire	£50	£219	£269	n/a	n/a	n/a	£75	£360	£435	£100	£1,400	£1,500
Cambridge, Cambs	£50	£225	£275	n/a	n/a	n/a	£75	£350	£425	£75	£1,605	£1,680
Durham, Co Durham	£100	£175	£275	n/a	n/a	n/a	£125	£275	£400	£125	£1,375	£1,500
Grange-over-Sands, Cumbria	£50	£240	£290	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Honiton, Devon	£80	£205	£285	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Lancaster, Lancashire	£75	£190	£265	n/a	n/a	n/a	£100	£285	£385	n/a	n/a	n/a
Maidstone, Kent	£150	£170	£320	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Norwich, Norfolk	£50	£230	£280	n/a	n/a	n/a	£75	£350	£425	£75	£1,430	£1,505
Nottingham, Notts	£50	£230	£280	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Perranporth, Cornwall	£100	£200	£300	n/a	n/a	n/a	£125	£400	£525	n/a	n/a	n/a
Peterborough, Cambs	£50	£230	£280	n/a	n/a	n/a	£75	£350	£425	£75	£1,430	£1,505
Salisbury, Wiltshire	£50	£220	£270	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Swansea, S. Wales	£50	£220	£270	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Whitchurch, Shropshire	£100	£200	£300	£100	£90	£190	n/a	n/a	n/a	n/a	n/a	n/a

Group Bookings

Number of people	Discount per person
10 - 19 people	£10 off
20 - 29 people	£15 off
30+ people	£20 off

Centre Weight Restrictions

Centre	Tandem		Static Line / AFF	
	Male	Female	Male	Female
Amesbury, Wiltshire	16 stone	16 stone	14 stone	14 stone
Brackley, Northants	15 stone	15 stone	15 stone	15 stone
Bridlington, E. Yorkshire	15 stone	15 stone	14 stone	14 stone
Brigg, N. Lincolnshire	15 stone	15 stone	15 stone	15 stone
Cambridge, Cambridgeshire	16 stone	16 stone	14 stone 7lbs	14 stone 7lbs
Durham, Co Durham	15 stone 6lbs	14 stone 11lbs	16 stone 7lbs	16 stone 7lbs
Grange-over-Sands, Cumbria	15 stone	15 stone	n/a	n/a
Honiton, Devon	15 stone	15 stone	n/a	n/a
Lancaster, Lancashire	15 stone	13 stone	15 stone	13 stone
Maidstone, Kent	15 stone	15 stone	n/a	n/a
Norwich, Norfolk	15 stone 8lbs	15 stone 6lbs	15 stone 7lbs	14 stone
Nottingham, Nottinghamshire	15 stone	15 stone	n/a	n/a
Perranporth, Cornwall	14 stone	14 stone	15 stone	15 stone
Peterborough, Cambridgeshire	15 stone 6lbs	15 stone 6lbs	15 stone 7lbs	14 stone
Salisbury, Wiltshire	16 - 18 stone	16 - 18 stone	n/a	n/a
Swansea, S. Wales	16 - 18 stone	16 - 18 stone	n/a	n/a
Whitchurch, Shropshire	15 stone	15 stone	14 stone 5lbs	14 stone 5lbs

Age Restrictions

Type of jump	Min Age	Max Age	Fitness requirements
Tandem	16 yrs Parent / guardian consent needed if under 18 yrs	No upper age limit	Fitness level less important. The relevant BS Medical Form (115a or 115b) must be completed.
Static Line / AFF	16 yrs Parent / guardian consent needed if under 18 yrs	54 years unless previous parachuting experience. Centre discretion	Reasonable level of fitness will increase enjoyment of course. The relevant BS Medical Form (115c or 115d) must be completed.

BS Medical & Consent Forms

When you arrive for your jump, all skydivers will be required to complete the BS Student Parachutist Declaration of Fitness form appropriate to the course they are attending. For Static Line and AFF jumpers, participants should read the BS Form 115C (Self-Declaration Form) as soon as possible. If a jumper can sign this, and therefore self-declare themselves as fit to jump, they should just bring this form along on the day of the skydive. If having read all the questions, the jumper is unable to declare themselves as being fit to jump and therefore unable to sign this form, they will then need to take BS Medical Form 115D (Doctors Certificate) to their doctor to be signed and bring this form along with them on the day of their course. It is suggested that you read BS Student Parachutist Declaration of Fitness form appropriate to the course you wish to attend before you complete the booking form. The forms can be downloaded from the Information Downloads page on the website www.ukskydivingadventures.com.

We will ensure that the correct forms are sent to you prior to the day so that you can make the necessary arrangements to get the form signed by your doctor. It is important that you keep these forms and present them in person on the day. Do not post them to the centre for the risk of them being lost. If you don't have a signed form by the relevant person, you will not be able to skydive.

You will also be required to sign a BS Consent form. If the skydiver is under the age of 18 years, both forms will need to be signed by their parent or guardian.

Surprise someone with one of our gift vouchers!

We offer personalised gift vouchers for all skydiving experiences i.e. Tandem Skydive, Static Line Jump and Accelerated Free Fall (AFF Level 1 only). If you are not sure which course to choose, feel free to call us for advice. If you wish to keep the gift a surprise, you can choose the preferred dates yourself, however, be aware of the restrictions in place i.e. age, health and weight including the possible need for getting the BS medical form signed by the jumper's doctor as explained above.

Sponsored Charity Jumps

Why not raise money for charity whilst having fun at the same time! It is now very popular for people to do something quite out of the ordinary such as jumping from a perfectly good aeroplane to raise money for a worthwhile cause. Skydiving is considered an extreme sport, not something for the faint hearted and so worthy of you asking your friends and family to sponsor you! It is common practice for fundraisers to use some of the sponsorship money raised to pay a portion or the total cost of their jump if they have raised the minimum level of sponsorship. The level of sponsorship required will vary for each centre depending on the cost of the course however by raising at least double the price of your jump, you will satisfy the charity's expectations. Call us on 01869 278706 to find out more or download a Charity Information Pack at www.ukskydivingadventures.com

Group Bookings & Corporate Days

If you are organising a group whether it be as part of a charity fundraising event or team building event or maybe a corporate day, feel free to contact us to discuss your requirements in more detail. We offer discounts for groups of 10 people or more. The group organiser will be the point of contact for all correspondence and will also be responsible for signing the terms and conditions as well as making the group individuals aware of the terms and conditions as well as the age, medical and weight restrictions.

Frequently asked questions

Can I jump with a disability?

Disabilities do not need to stop you from skydiving. Call us to discuss and we will be able to best advise you.

What happens if the weather is bad?

Skydiving like most aviation sports is weather dependent. In accordance with BS rules and regulations, our centres must operate within strict safety limits with regards to cloud cover and wind speeds. If the weather is unsuitable, you will be given the opportunity to re-schedule your booking for another time at your convenience.

How long will I have to wait to jump on the day? Can you give me an exact time slot?

We understand that it is helpful to know when you are likely to jump especially if you have supporters coming to see you jump. Some centres will be able to give you approximate time slots, however weather conditions can affect these times. If you are doing a Tandem, plan for it to be an all-day activity. All centres have cafe facilities, and you can check the locations page on the website for information on local amenities to keep your supporters entertained should there be a wait. If you are doing a Static Line or AFF course, depending on the weather and time of year, you may get the opportunity to jump the same day. However again you should plan for this to be a 2-day activity.

What height will I jump from?

Static line jumpers will exit the plane from 3,200 – 3,500 feet. Tandem and AFF jumpers exit at a minimum of 10,000 feet and at some centres you will fly as high as 13,000 – 15,000 feet, depending on the cloud base and local air traffic control restrictions.

Do I need Insurance?

The cost of your course will automatically cover you for British Skydiving's 3rd party insurance up to £10,000,000. For a summary of the policy including details of the personal accident benefits, please refer to the latest [BS Insurance Summary document](#).

How safe is skydiving?

Your safety is our top priority. We only operate from centres which are affiliated to and work in accordance with BS rules and regulations. All instructors are BS qualified, extremely experienced and are current in accordance with the annual renewal policy. The equipment is of high quality and maintained to meticulous standards. Training is to the highest standards and in the case of Static Line and AFF which involve solo descents, you must pass a written test before being allowed to jump. The plane is operated in accordance with CAA. We only jump when the weather conditions are suitable and safe.

Equipment

Equipment used is regularly maintained in accordance with BS regulations and is checked prior to every jump. Each course requires the use of a dual parachute system consisting of a main and reserve parachute. Safety backup systems include an automatic reserve opening device which will operate in extreme circumstances. If you are a Static Line or AFF student, you will be given a backup radio enabling an instructor on the ground to assist you during your canopy descent to the ground.

Can I jump if I wear contact lenses or glasses?

We will issue you with goggles that comfortably fit over glasses and help to keep contact lenses in place.

Can I breathe in free fall?

You may feel like you gasp for air on exiting the aircraft especially if it is particularly cold. However, you will be able to breathe quite normally during your descent to the point you won't even think about it!

What clothes should I wear?

Ensure that your clothes are comfortable and loose fitting. If it is a cold day, wrap up warm. In the summer you can wear just shorts and t-shirt. You will be given a jumpsuit to fit over your clothes. Comfortable shoes preferably trainers are advisable. Open toe or shoes with hooks are not allowed.

Will I be able to jump with my friend?

If you are part of a group and have a preference as to whom you share your experience with on the plane, make us aware of this at the time of your booking as well as remind the centre on your arrival. The centre will do their best to make this happen, however please appreciate that sometimes it is out of their control. Weight limits, the number of people requesting video plus the plane re-fuel schedule can sometimes dictate the manifest system.

Can I get my skydive videoed?

Make us aware that you would like your skydive videoed when booking. You may also be able to decide on the day. The cost of video including camera stills varies from centre to centre and is payable direct to the centre on the day. Please note that the video option is not available for Static Line Parachute Jump Course bookings.

Can I jump this weekend?

If you can't wait to experience the thrill of skydiving, call us and we will be able to advise you if there are any places available at your chosen centre.

Booking Form

To book your skydive,

- Complete booking form and sign the terms & conditions.
- Either post (ensuring envelope is marked “**Booking Form**”) or fax to us. Alternatively, book online or phone us to place your order.
- You will then receive a confirmation, the relevant BS medical and consent forms, plus directions to your chosen centre. If your preferred 2 dates are not available, we will contact you with alternative dates before sending you a confirmation.
- A non-refundable deposit is required at the time of booking which will vary depending on centre and course.
- If purchasing a gift voucher or gift pack, you just pay a standard deposit, £50 for Tandem or Static Line, and £75 for Accelerated Free Fall Level 1 and then the remaining balance can be paid prior to the jump. Details for paying the remaining balance will be detailed in your confirmation documents.

Contact Details

These details are for the person booking the activity, not necessarily of the person taking part in the skydive. All correspondence will be sent to the address you give below.

Name		Email address	
Home address		Post code	
		Daytime phone	
		Confirmation method	Email / post (please delete)

Skydiver & course details

Name	Gender	Age	Height	Weight	Course (Tandem / Static Line / AFF L1 / AFF Full Course)	Video? (Tandem / AFF 1 st jump)

Chosen centre	1st choice date	2nd choice date	Charity Jump?	State Option i.e. A or B	Charity name
Charity online fundraising page address if applicable:					

We will endeavour to book you a place on your chosen dates however if this is not possible, we will contact you with alternate dates. For gift voucher purchases, you may specify the dates or leave to the recipient to choose. They can call us to book a date, quoting their voucher number. We work with a number of charities however if your chosen charity is not currently listed, we will contact the charity to make the necessary arrangements.

Tunnel Time (recommended for AFF students)

Tick here if you would like us to contact you to arrange some tunnel

How did you hear about UK Skydiving Adventures Ltd?

Search engine (specify)	Yellow pages	Friend	Poster	Charity	Other (please specify)

Payment details

Course	Deposit (per person)	Minus discount	No. of people	Total	Discount code (if applicable)
Tandem	£	£		£	
Static Line	£	£		£	
AFF Level 1	£	£		£	
AFF Full Course	£	£		£	
Total amount payable:				£	

Check prices page for deposits as they vary. If your group is 10 people or more, don't forget to include your group discount. Other discount codes may not be used in conjunction with group discounts. Video costs vary for each centre and are payable on the day. Please note that this additional cost cannot be reimbursed from the sponsorship money.

By completing the form below authorises UK Skydiving Adventures Ltd to process the payment for the skydiving experiences detailed above.

Name of card holder:					
Home address:					
Post code:		Amount:	£		
Debit / credit card no:					
3 Digit Security No:		Start Date:		Expiry Date:	
Signature:				Date:	

Alternatively tick here if you are enclosing a cheque made payable to UK Skydiving Adventures Ltd

Occasionally we may wish to email you details of special offers or information on other activities we provide. Please confirm whether you are happy to receive this information by ticking the OPT IN box.

Charity Jumpers only: We will as part of the booking process, share your name, jump location, jump date (if specified) and contact preference with your chosen charity to enable them to assist you with your fundraising activities. Please tick your preferred method of contact: Email: Phone: Post: SMS:

Please tick the OPT IN box if you would also like to hear more from your chosen charity via your stated contact preference about the work they do as well as about other fundraising events and initiatives in the future.

UK Skydiving Adventures Ltd Terms and Conditions and Privacy Policy

Click on the links to read our [Terms and Conditions](#) and [Privacy Policy](#).

If you made your booking on the phone or online, you will have confirmed that you have read and are accepting our terms and conditions and understand our privacy policy. All bookings made by post will have required you to tick the terms and conditions box confirming that you have read and accepted them. If you are making a booking on behalf of an individual or a group, it is your responsibility to make everyone aware of the terms and conditions and the privacy policy and their implications.

I the undersigned have read and understood the Terms and Conditions and Privacy Policy and have also made anyone in my group aware of the terms and conditions and the privacy policy and their implications.

Name:

Signature: Date: